

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

What is your major complaint? \_\_\_\_\_

When did your symptoms start? \_\_\_\_\_

Is your condition the result of an AUTO ACCIDENT or A WORK COMP CLAIM? Y / N

If so, have you opened a Work Comp or Personal Injury Claim? Y / N Date of Injury? \_\_\_\_\_

Is it getting: \_\_\_\_\_ BETTER \_\_\_\_\_ WORSE \_\_\_\_\_ STAYING THE SAME \_\_\_\_\_ INTERMITTENT

What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Rate the severity of your pain on a scale of **0** (No Pain) to **10** (Severe Pain) 0 1 2 3 4 5 6 7 8 9 10

Type of Pain: \_\_\_\_\_ SHARP \_\_\_\_\_ ACHING \_\_\_\_\_ THROBBING \_\_\_\_\_ SWELLING  
\_\_\_\_\_ DULL \_\_\_\_\_ SHOOTING \_\_\_\_\_ TINGLING \_\_\_\_\_ BURNING  
\_\_\_\_\_ CRAMPING \_\_\_\_\_ NUMBNESS \_\_\_\_\_ STIFFNESS \_\_\_\_\_ OTHER: \_\_\_\_\_

What other treatments do you use for pain?

☐ Medication ☐ Physical Therapy ☐ Chiropractic ☐ Massage  
☐ Surgery ☐ None ☐ Other: \_\_\_\_\_

Have you experienced these symptoms before? Y / N When? \_\_\_\_\_

What other Doctors or Physicians have you seen for this condition? \_\_\_\_\_

Do you sleep on your side, back or stomach? \_\_\_\_\_ Average hours of sleep per night? \_\_\_\_\_

How often do you exercise? \_\_\_\_\_ What Type of Exercise? \_\_\_\_\_

FALLS: \_\_\_\_\_ YEAR: \_\_\_\_\_

HEAD INJURIES: \_\_\_\_\_ YEAR: \_\_\_\_\_

DISLOCATIONS: \_\_\_\_\_ YEAR: \_\_\_\_\_

BROKEN BONES: \_\_\_\_\_ YEAR: \_\_\_\_\_

SURGERIES: \_\_\_\_\_ YEAR: \_\_\_\_\_

Do you smoke? \_\_\_\_\_ Packs/day? \_\_\_\_\_ Do you consume caffeine? \_\_\_\_\_ Cups/day? \_\_\_\_\_

Do you consume alcohol? \_\_\_\_\_ Drinks/week? \_\_\_\_\_

Does your work include:

\_\_\_\_\_ Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Light Labor \_\_\_\_\_ Heavy Labor